



Food for the Journey

June-July 2013

Produced by Members and Friends of Evergreen Christian Church
Evergreen, Colorado Rev. G. Duncan Miller, Pastor

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**Remember
always
your
end,
and that
lost time
does not
return.**

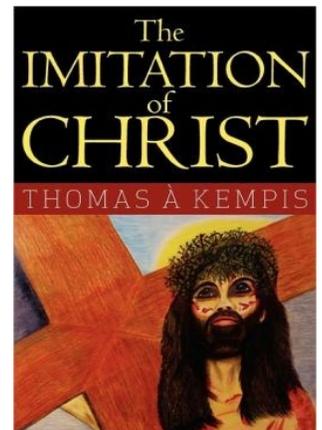


Quotes from *The Imitation of Christ* by Thomas A' Kempis (1380-1471)

The Imitation of Christ by Thomas à Kempis is a Christian devotional book. It was first composed in Latin ca. 1418-1427. The book is perhaps the most widely read devotional book in all of Christian literature, and is regarded as a devotional and religious classic. Apart from the Bible, no book has been translated into more languages than The Imitation of Christ.

Be not angry that you cannot make others as you wish them to be, since you cannot make yourself as you wish to be.

All the glory and beauty of Christ are manifested within, and there He delights to dwell; His visits there are frequent, His condescension amazing, His conversation sweet, His comforts refreshing; and the peace that He brings passeth all understanding.



O Lord, you know what is best for me. Let this or that be done, as you please. Give what you will, how much you will, and when you will.

Habit is overcome by habit.

For a small reward, a man will hurry away on a long journey; while for eternal life, many will hardly take a single step.

Whoever would fully and feelingly understand the words of Christ, must endeavor to conform his life wholly to the life of Christ.

Gladly we desire to make other men perfect, but we will not amend our own fault

How seldom we weigh our neighbor in the same balance with ourselves.

Let this be thy whole endeavor, this thy prayer, this thy desire, that thou mayest be stripped of all selfishness, and with entire simplicity follow Jesus only.

Psalm 121: The Pilgrims Psalm

I lift up my eyes to the hills -
from where will my help come?
My help comes from the Lord,
who made heaven and earth.

He will not let your foot be moved;
he who keeps you will not slumber.

He who keeps Israel
will neither slumber nor sleep.

The Lord is your keeper;
the Lord is your shade at your right hand.

The sun shall not strike you by day,
nor the moon by night.

The Lord will keep you from
all evil;

he will keep your life.

The Lord will keep

your going out and your coming in
from this time on and for evermore.

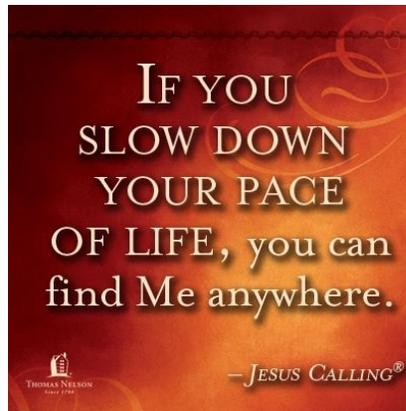


Jesus Calling (June 12)

Let me help you get through this day. There are many possible paths to travel between your getting up in the morning and your lying down at night. Stay alert to the many choice-points along the way, being continually aware of My Presence. You will get through this day one way or the other. One way is to moan and groan, stumbling along with shuffling feet. This will get you to the end of the day eventually, but there is a better way. You can choose to walk with Me along the path of Peace, leaning on Me as much as you need. There will still be

difficulties along the way, but you can face them confidently in My strength. Thank Me for each problem you encounter, and watch to see how I transform trials into blessings.

*(from: **Jesus Calling** by Sarah Young)*



Let Me
Help You
Get
Through
This Day

Two Prayers: Open Mind - Open Heart

Give me an open mind, O God, a mind ready to receive and to welcome such new light of knowledge as it is your will to reveal to me. Let not the past ever be so dear to me as to set a limit to the future. Give me courage to change my mind when that is needed. Let me be tolerant to the thoughts of others and hospitable to such light as may come to me through them.

Amen

God, with each new day you prove your love for creation. You illustrate your beauty in an array of glorious color. You establish your intentions in the hearts of your people. You paint our lives into your masterpiece of original blessing. Open my heart, I pray, to this enduring miracle of life. Today let me drink in your restorative light, let me rise up to the image of God within me, let me grow unhindered in the immensity of your grace. Amen.



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**A Loving,
Witnessing,
& Serving**

Community of Faith

Lectio Divina (Sacred Reading) for Spiritual Growth

“*Lectio Divina*”, sometimes called “*Sacred Reading*” is a special type of reading. The aim of *Sacred Reading* is to allow the printed word to open your heart to the heart of God. When practicing the spiritual discipline of *Sacred Reading* you might want to find a quiet place, become attentive to the presence of God within that place, and ask God to open your heart to God’s life-giving word.



You are invited to use this *Food for the Evergreen Journey* for such reading. Leave the publication somewhere with easy access. God might move you to receive its blessings at different times during the day, week, or month. Perhaps you will want to go back and read its offerings several times. Each time, God may reveal something new to you. Perhaps there will be a word or a phrase within this publication which moves you deeply and opens you to the fruit of the Spirit: ***love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.***

Pay attention to those words and phrases. They are God’s word for *your life* today.

If you would like to contribute to this publication, please write or call Rev. Miller. The only requirement is that all submitted items be uplifting and convey some quality of the fruit of the Spirit as found in Galatians 5: 22-23.

God is the Lord of Our Birth and Our Life

God is the Lord of our birth and our life,
God will be present in joy and in strife.
Through the bright day and the darkness of
night
God through Christ Jesus will bathe us in
light.

When our hearts break with the pain of great
loss,
When we are burdened and carry a cross,
When God seems distant and faith starts to
fade,
God through Christ Jesus will come to our
aid.

When we rejoice for the gifts of the day,

When we are certain God’s path is our way,
When we find love which ignites like a
flame,
God through Christ Jesus is calling our name.

God is the Lord of our birth and our life,
God will be present in joy and in strife.
We are God’s children and born of God’s
grace,
Someday our maker we’ll meet face to face.

(This hymn text was written by Rev. Miller in honor of his colleague Rev. Becky Brown. It is sung to the tune of “*Be Thou My Vision*”.)

